



# **Cazadero Music Camp Camper Handbook Summer 2023**



# Table of Contents

## Introduction

### Cazadero Music Camp: Philosophy, Rules, and Deadlines

[Attendance – Important Note #1](#)  
[Camp Sessions and Dates](#)  
[Parent and Camper Orientation](#)  
[Mandatory Paperwork – Important Note #2](#)  
[Directions to Camp](#)

### Camp Life

[Staff](#)  
[Health and Safety](#)  
[Medications](#)  
[Camp Accommodations](#)  
[Daily Routine While at Camp](#)  
[Packing List](#)

### First Day of Camp and Ensemble Placement

[Check-in](#)  
[All Camp Orientation and Electives](#)  
[First Day Auditions – Important Note #3](#)  
[Jazz Ensemble](#)

### More Details of Camp Life

[Food at Caz](#)  
[Food Allergies](#)  
[Birthdays at Caz](#)  
[Camp Store](#)  
[Snacks](#)  
[Store Credit Account](#)  
[Cabin Assignments](#)  
[Homesickness](#)  
[Camper Conduct – Clothing Rules](#)  
[Policy Against Harassment and Discrimination](#)  
[Complaint Procedures](#)  
[Creating a Welcoming Environment for Transgender and Gender Nonconforming Campers](#)

### Keeping in Touch

[Mail/Care Packages](#)  
[Mailing Address](#)  
[Phone Calls](#)  
[Visiting](#)

### Camp Visits and Last Day Routines

[Concert Day Dates – Important Note #4](#)  
[Concert Day Schedule](#)  
[ADA Accessibility](#)  
[Mid-session and Last Day Routines](#)  
[Taking a Camper Off-site- Important Note #5](#)  
[Dogs](#)  
[Laundry](#)  
[Lost and Found](#)

## **Introduction for Cazadero Camper Handbook Summer 2023**

Welcome camper families to the Cazadero Music Camp Camper Handbook for Summer 2023. This handbook is meant to help familiarize you and your camper with camp. There are sections on food, sleeping arrangements, typical schedules, how and what to pack, first day auditions, and much more that will help you understand how camp works.

This is a standalone document but if you want more information on any topic please check the FAQ's page on the website or call the office. We are happy to answer your questions about camp.

The information in this handbook is necessarily subject to change. For instance, Summer 2023 COVID safety protocols have not yet been finalized. We will update you with information regularly as camp approaches and you are welcome to contact us at any time via email or by phone.

Emily Brockman, Registrar

[emily@cazadero.org](mailto:emily@cazadero.org)

510-527-7500 ex 10



For over 60 years, Cazadero has offered a dynamic music program that strikes a thoughtful balance between in-depth music education and carefree summer camp fun. We provide a nurturing, inspirational, camp experience for young musicians ages 10-18 with a highly supportive camp structure.

- Young Musicians Session Monday, June 19 – Saturday, June 24  
    🎵 Concert Date: Saturday, June 24
- Middle School Session, 2 weeks Tuesday, June 27 – Saturday, July 8
- Middle School A, 1st week only Tuesday, June 27 – Sunday, July 2  
    🎵 Concert Date: Sunday, July 2
- Middle School B, 2nd week only Monday, June 3 - Saturday, July 8  
    🎵 Concert Date: Saturday, July 8
- Junior High Session Tuesday, July 11 – Saturday, July 22  
    🎵 Concert Dates: Sunday, July 16 and Saturday, July 22
- High School Session Tuesday, July 25 – Saturday, August 5  
    🎵 Concert Dates: Sunday, July 30 and Saturday, August 5

Cazadero will hold one virtual and possibly in-person information and orientation meeting for campers and parents in May. We will confirm the exact date after the new year. The meeting begins with a short presentation by the Camp Director, Carolyn Niehaus and Executive Director, Emily Wainacht. There will also be presentations by our camp deans, head chef, and health officer/advisor. Afterwards, we will open the discussion up for questions. We communicate via email so watch your inbox!

**Important Note #2: Mandatory medical information is due May 1, 2023.**

### **Mandatory Medical Information for Camp**

As a residential sleep away camp we require medical information about your camper to ensure their health and safety while in our care. These forms are due on or before May 1<sup>st</sup>. If you registered after May 1, then complete and submit the forms as quickly as you can; **no camper can be allowed to attend camp without submitting this information.**

All camper families are sent an email with instructions on how to access and complete their Health History form and Fit to Participate Signature Form. Please follow the instructions in your email.

The Health History form asks about allergies, immunizations, and medications. There is a section on food allergies and sensitivities and on mental wellbeing. The Fit to Participate Form confirms that the camper can safely participate in camp activities.

This information is collected to help us give your camper the best care while at camp or in case of an emergency. It is held in the strictest confidence and is only shared on a “need-to-know” basis. COVID safety requirements will be established nearer to the beginning of camp. We will communicate any updates via email.

Paper and Spanish language versions of all forms are also available on our website at [www.cazadero.org/caz-forms/](http://www.cazadero.org/caz-forms/).

### **Transportation to Camp**

**Bus:** Cazadero offers an optional bus running to camp on the first day of every session. Reservations can be made any time by using our online [bus reservation form](#) or by contacting the Berkeley office (phone 510-527-7500 or email [emily@cazadero.org](mailto:emily@cazadero.org)). There is an additional fee for this option. It is currently \$40 to ride the bus up to camp.



Arrive for the bus by **8:30 AM** to check in and load luggage. Buses load at the curb in front of the:

[Northbrae Community Church](#)  
[941 The Alameda, Berkeley](#)

**Car:** Check-in at camp is between 10:30 AM to 11:30 AM.

The address is:

[5385 Cazadero Highway,](#)  
[Cazadero, CA 95421](#)

You can use the [map](#) in this handbook or find driving instructions on our [website](#).

## **Camp Life**

**Staff:** Staff at camp fall into three main areas:

- **Music Education:** Conductors, Music Faculty, Music Instructors
- **Camper Care:** Counselors, Counselors-in-Training (CIT), Deans, Health Officers, Camp Directors
- **Camp Facility:** Kitchen Personnel, Operations Personnel, Camp Store and Office Staff

All staff is thoroughly screened and vetted including fingerprinting via Livescan.

A camper's primary interaction will be with their assigned counselor and CIT. Deans oversee the counseling staff, plan camp activities, and are available to address any parent or camper concerns that arise during or before the session.

## **Health and Safety**

There is always at least one health officer onsite at all times and all staff have health and safety training. The information you provide on our confidential Health History Form will enable staff to help your camper have the best possible time while at camp. Please share the health information requested and be assured that it is handled in the strictest confidence and kept with your child's medical records in the Infirmary.

**Medical Screening at Check-in:** All campers are screened for medical problems at check-in on the first day. This includes a quick check for head lice conducted by trained staff and any required COVID-19 screening measures.

## **Medications**

Medications at camp are collected at check-in and kept in the infirmary. Health officers distribute medications when appropriate. All medication, both prescription and over-the-counter, must be in **original packaging**. Prescriptions must be accompanied by written orders, signed by a physician. Orders must include the camper's full name, dosage amount, delivery times, and any limitations or restrictions. Only send the amount needed for your camper's time at camp.

Note: there is more complete information about Cazadero's medical and emergency procedures on our website under: Music Camp>FAQ.

## **Camp Accommodations: Campers Sleep Outside**

Each deck unit consists of a large, raised platform with a tent or small dorm room at one end. Camper beds are set up on the uncovered portion of the deck out in the open. Campers are sorted by age and gender into groups of up to 12 with one counselor and one counselor-in-training assigned to each unit.

Campers sleep on camp beds, a metal spring bed frame topped by a camp mattress. Campers only need to bring a sleeping bag, a pillow, and perhaps an extra blanket.

Showers and toilets are in buildings nearby. Tents and changing rooms are available for privacy. Boys Camp and Girls Camp are located at opposite ends of the property.



## **First Day of Camp and Major Ensemble Assignments**

### **Check-in: 10:30 AM to 11:30 AM**

When arriving at camp everyone disembarks on the highway side of the swinging bridge. Campers are greeted by their counselor and CIT who will start to introduce them to their tent mates and help them navigate the check-in. **Parents do not accompany campers to their units**; instead we ask that you give a brief and happy “good bye” to your camper and then turn around and take off toward home.

At check-in campers will **hand in any medications** that they have brought with them to camp. Check-in will **include a discreet health check** during which trained staff will ask about any recent injuries, COVID screening questions, and check for head lice. Both the camp health officer and head chef are present at check-in to answer any questions.

### **Orientation Meeting and Electives**

After check-in campers will retire to their tent decks for their first camp orientation. Campers will be introduced to any COVID safety rules, camp procedures and other rules of conduct (see [Addendum #2](#) for camper rules). They will start to learn about the camp schedule and electives.

After lunch there is an **all camp orientation** in the Lutt Amphitheater. Elective classes for the session are announced and described. Campers can begin to think about their choices for the upcoming week. Counselors will help campers finalize these decisions during this first afternoon.

**Important Note #3:** *There is an audition the first day of camp.*  
*This is for seat placement, part assignments, and jazz ensemble participation.*

### **First Day Auditions**

Right after the all-camp orientation, campers will be introduced to their music faculty for the session. Campers will gather with their music faculty in a quiet spot to have first day auditions.

The audition will consist of:

1. one or two level-appropriate scales
2. part of a piece that the camper has prepared
3. a short piece of sight reading chosen by the instructor.

Prepared pieces do not need to be memorized, bring your music with you. Those interested in the jazz ensemble should prepare a jazz style piece as well.

Part assignments, chair seating, and ensemble placement will be determined on the basis of this audition. Results are announced right after dinner, before the first ensemble rehearsals begin in the evening.

### **Major Ensembles**

All musicians except piano and guitar participate in one of three major ensembles: Orchestra, Concert Band, or Jazz Ensemble. Led by a new guest conductor each week, major ensembles rehearse two to three times a day for 60-90 minutes at a time. Conductors will assess the group on the first day and then choose music for the week. This will be the music for the major concert performance on the weekend.

**Jazz Ensemble participation** is by request. If a camper is interested in being considered for the jazz ensemble they should let their music instructors know and they will be assessed during their first day audition. Jazz ensemble participation will be limited to one week even in the two-week sessions. This gives more campers the opportunity to participate. Jazz band instrumentation consists of trumpet, trombone, saxophones, and rhythm section (bass, guitar, piano, and drums). A jazz workshop elective is available for any and all instruments; this group performs at camper ensemble night.



## **More Details of Camp Life**

### **Daily Routine While at Camp\***

Campers are kept busy and happy throughout the day with a carefully calibrated combination of rehearsal time and recreation time. Reveille is at 7 AM, taps between 9 and 10 PM. In between are 3 fresh and healthy meals, large ensemble rehearsals, instrument sectionals, elective classes, afternoon free time, evening activity and tons of FUN!

\*There is a [Sample Schedule](#) page at the back of this handbook.

### **Food at Cazadero**

The kitchen at Cazadero offers a high-quality menu with a wide variety of fresh, nutritious, and delicious choices. Food is served buffet style with a wide range of options including a salad bar at lunch and dinner and a cereal bar at breakfast.

### **Food Allergies and Restrictions**

Our kitchen can accommodate a range of food restrictions and sensitivities including gluten intolerance, nut allergies, or lactose intolerance. **Allergies or sensitivities should be described on the Health History Form.** Please tell us about any special food needs so that we can be sure to provide enough of each type of food. In the case of a very restricted diet, parents may be contacted by the head chef to clarify the concerns and discuss the possibility of supplemental foods.

### **Birthdays at Caz**

No one will miss a birthday while at Caz! Camp is notified when a camper has a birthday while at camp and a celebration is prepared. Campers are serenaded at dinner time by the entire camp and are given a delicious treat to mark their special day.

### **Snacks and Water Stations**

Water stations are set up throughout the camp and will be monitored by staff for health and safety. Fresh fruit is available for campers at all times at the dining hall. The store sells a selection of candy, ice cream treats, and sodas. Campers are limited to two sugary snack items per day.

### **Camp Store**

The store is open for about an hour every day during free time in the afternoon. Our camp store is stocked with a variety of Caz merchandise, food treats, and miscellaneous necessities such as batteries, shampoo, toothbrushes, etc.

### **Camp Store Credit Account**

Parents can create a store account for their camper to use during the session. You can set this up with our [Store Account form](#) or you can call the office at 510-527-7500. Once an account is set up campers simply tell store staff what they would like and the cost is deducted from their available credit.

**A typical account is about \$25 per week.** For reference, treats cost between \$1-\$3, CazWear (sweatshirts, beanies, T-shirts) between \$12-\$40.

### **Cabin Assignments**

Cabin assignments are made prior to the camp session and are based on gender preference, age, and school grade. Campers are invited to let us know if they have a roommate preference; we will do our best but cannot guarantee that we will be able to honor all requests. Overall balance and compatibility, and potential COVID safety requirements, will be given priority over individual requests.





## Homesickness

Homesickness is a very common, though unwelcome, occurrence at camp and usually passes after about a day. The counselors and staff, mostly ex-campers themselves, are very familiar with its effects and with the best ways to counteract it. All staff receives training in how best to keep campers busy and happy and free from distress.

**What you can do to help your camper:** Maintain a positive attitude about camp while packing, getting ready, and dropping your camper off. Keeping goodbyes short and sweet is best, showing your camper that you have confidence they are going to have a great time. **Never say you will come pick your child up if they are unhappy**, instead keep telling them how great camp is going to be.

When writing your camper, keep the letters upbeat and avoid telling your camper how much you miss them; this can make even a happy camper feel homesick.

If you receive an early letter from your camper that says they are miserable and homesick try not to be overly concerned. In the vast majority of cases the difficulties adjusting to camp are over in the first 24 hours. This means that by the time you are reading that letter your camper is probably already fine and having a great time. In the rare event that a camper's homesickness is chronic or acute, rest assured that we will contact you. And if you are concerned, call the camp office (707-632-5159) and ask to speak to one of the deans. They will call you back and let you know how your child is doing.

## Camper Conduct

We hold our staff and campers to a high standard of conduct. We are here to make music and have fun in a safe and secure environment. Campers are briefed on camp rules the first day and copies of our rules are posted throughout the camp. Campers will be reminded of and expected to abide by these rules while at camp including any COVID protocols. A copy of the camp rules can be found as [Addendum #2](#) of this handbook.

### Rules about Appropriate Clothing at Cazadero

First and foremost, **deans are in charge**. Any article of clothing that is deemed inappropriate by a dean may not be worn and campers will be asked to change. To avoid this eventuality, don't pack anything that breaks any of the clothing rules.

The following types of clothing are prohibited:

- Clothing with holes or that is torn, ripped or ragged.
- Clothes that insufficiently conceal undergarments including briefs and bra straps.
- Half-shirts, side-less shirts, "see-through" or fish net fabrics.
- Bare midriff or open back shirts, spaghetti strap or strapless tops or tube tops. Tops must cover the midriff and must be at least as high as the top of the camper's armpit.
- Excessively short skirts or shorts. (Use the "fingertip" test, no shorter than the tips of your fingertips when your arms are resting at your sides.)
- Clothing with inappropriate slogans or images.



Finally, campers should wear closed-toe shoes at all times except when walking to or from the shower or pool. There is a complete [Packing List](#) at the back of this handbook.

## **Policy Against Harassment and Discrimination Involving Campers**

It is the policy of Cazadero Performing Arts Camp (CazPAC) to provide a camp environment that is free from all forms of discrimination or harassment. CazPAC prohibits sexual harassment as well as discrimination and harassment based on a camper's race, religion, national origin, sex, sexual orientation, gender identity, gender expression, or disability. CazPAC will not tolerate harassing or discriminatory treatment of campers by other campers, their family members, CazPAC employees or contractors. Additionally, CazPAC forbids retaliation against any individual who reports an incident of harassment, opposes harassment or participates in an investigation of a complaint of harassment.

Prohibited harassment includes the following behavior:

- Verbal conduct (whether in person or transmitted electronically) such as name-calling, derogatory jokes, slurs or comments to or about a camper;
- Visual displays and written communication, such as derogatory posters, photography, cartoons, drawings, gestures, or email or text messages;
- Physical conduct including assault, unwanted touching, intentionally blocking normal movement or interfering with work; and
- Retaliation for reporting or threatening to report harassment.

In addition to the examples of harassment described above, for the purposes of this policy, "sexual harassment" is defined to also include:

**For faculty or staff to camper interaction:** any sexual advances, requests for sexual favors, and other verbal, visual, or physical conduct of a sexual nature, whether or not welcome.

**For camper to camper interaction:** unwelcome sexual advances, requests for sexual favors, and other verbal, written, visual, or physical conduct of a sexual nature that has a negative impact on a camper's experience.

## **Complaint and Resolution Procedures**

Complaints of violations of this policy or any other issue of concern should be reported to a counselor, to a Dean, or to the Camp Director. CazPAC will conduct an appropriate investigation of complaints and take all appropriate steps to remedy any harassment or discrimination in violation of this policy.

In some cases, CazPAC may be required by law to report harassing conduct to law enforcement or child protective agencies.

## **Creating A Welcoming Environment for Transgender and Gender Nonconforming Campers**

CazPAC is committed to providing a safe and welcoming environment for all campers, including those who are transgender or gender nonconforming. CazPAC will not tolerate discrimination or harassment of campers based on their gender, gender identity or gender expression. See Policy Prohibiting Harassment and Discrimination Involving Campers.

During camp, campers may use the restrooms and sleeping facilities that correspond with their gender identity. CazPAC will use the name and gender pronouns preferred by campers, except when necessary to obtain medical treatment or for other legal reasons or when the camper asks CazPAC to use the pronouns that coincide with their gender assigned at birth. Similarly, CazPAC will not disclose information about a camper's transgender or gender nonconforming status without the camper's permission, unless required by law or to obtain medical treatment. Transgender and gender nonconforming campers may discuss and express their gender identity and expression as openly as they choose and may decide when and with whom to share private information.

Any campers or families who have questions about CazPAC's policies concerning transgender and nonconforming campers should contact CazPAC's Registrar, Executive Director, or Camp Director.

## **Keeping in Touch with Your Camper**

### **Mail and Care Packages**

Everyone loves to get mail; just remember to keep the message upbeat and positive. Allow 4 to 5 days for mail and packages to reach camp. Putting things in the mail before your camper leaves can be a good idea. Mail is collected from the Post Office in town every day to be distributed at camp.

Care packages are welcome! Those containing food are allowed but should be very limited; something that can be consumed in one snack time. There is no food storage in the tents and the camp kitchen cannot handle camper snacks during busy camp sessions.

### **Mailing Addresses:**

#### ***Letters and small packages: USPS***

Cazadero Music Camp  
Camper Name and Session  
P.O. Box 140  
Cazadero, CA 95421

#### ***Packages: use UPS and FedEx***

Cazadero Music Camp  
Camper Name and Session  
5000 Austin Creek Road, Number 140  
Cazadero, CA 95421

***Note: please do not send packages directly from large, online companies since you cannot control what shipper they will use and the orders may get lost or delayed.***

### **Phone calls**

Campers do not have phone access during camp which means **parents cannot speak directly to their campers during the session**. Messages can be delivered to campers via the camp office at 707-632-5159. The office is staffed during normal business hours when camp is in session and any message will be delivered at the next convenient moment, usually during the next meal. If you have any concerns or are worried, our camp deans will be happy to return your call and talk to you about how your camper is doing. If there is an emergency after hours you can reach the camp director by calling 707-632-5159 and it will roll over to the director's cabin.

### **Visiting**

Please do not try to visit camp during the week; mid-session visits can distract the campers from their activities, pull staff from their regular duties, and may even engender homesickness. Additionally, there may also be COVID protocols that prohibit on-site visits. If a visit seems urgent, please call the Camp Director to discuss options.





## **Concert Days at Caz**

**Important Note #4:** *Check the concert calendar! Concerts can be on either Saturday or Sunday.*

### **Concert Day Schedule:**

See the [Conductors and Concert page](#) on our website for details. Here is the basic concert day schedule.

Concerts begin at:

- 10:30 AM – Piano Recital and Guitar Recital (Middle School – High School Sessions)
- 11:30 AM – All Camp Choir (Young Musicians and Middle School Sessions only)
- Lunch Break – Families and guests should bring a picnic lunch; campers will eat with their units.
- 1 PM – Large Ensemble Performances: Jazz, Orchestra, and Concert Band

Concerts usually end by 3 PM.

All concerts are outdoors and open to the public. No dogs please.

For concert dates see [Sessions](#), page 1.

### **Final Concert and Last Day of Camp**

Families arrive to take their campers home. After the final concert performance sign out with your counselor, collect your all-camp photo, and watch while your camper says good-bye.

### **Mid-session Concert Performances (2-week sessions only)**

Mid-session concerts are just as challenging and exciting as final concerts and many families come up to spend the afternoon if they are available. Families are welcome to take their camper out to dinner after this concert (COVID permitting). We ask that campers stay through the entire concert to support their fellow campers. Campers must sign out with their counselors before they leave. Staff will let you know what time campers are due back depending on the planned evening activity.

**Important Note #5:** *We cannot let a camper leave with anyone other than their parents or legal guardian **unless we have written permission.***

### **Taking a Camper Home or Off-site**

If you want to allow someone **other than yourself** to take your camper off-site or home from camp be sure to send us a note, or fill out our online [Pick-up Authorization](#) form. You can contact the Berkeley office, Monday – Friday, 9-5, at (510-527-7500) or [emily@cazadero.org](mailto:emily@cazadero.org). After Friday 5pm, contact the camp office at 707-632-5159. Without written authorization we are not able to release your camper.

### **ADA Accessibility at Caz**

Cazadero's public areas are fully accessible. Our ADA parking is on the blacktop next to our dining hall/lodge. There is a paved path leading from the blacktop to the performance amphitheater, as well as to ADA restrooms and the dining hall. In order to access the ADA parking, you'll need to use our back entrance which is located at 5000 Austin Creek Road. It's easiest to arrive at the usual concert entrance, 5385 Cazadero Highway and let staff instruct you on how to access the blacktop parking from there.

### **Dogs**

Please leave your dog at home unless they are a certified service animal. Pets can be disruptive and there may be pet phobic attendees.

### Laundry

There are **no laundry facilities** at Caz so pack enough clothing for the entire session. Parents planning to attend the mid-session concert can bring extra, clean clothes to make an exchange of laundry with their camper.

### Lost and Found

The end of every session sees an assortment of unclaimed items left at camp. Please make sure to double check the tent deck, deck railings, and Lost and Found table for things belonging to your camper. If labeled, left behind items are collected, stored at camp until the next concert day, and then brought to the Berkeley office. Call or email if you are missing anything and we can look to see if we can find it for you. Unclaimed items are discarded or donated, whichever is more appropriate.



## Sample Daily Camp Schedules

### Young Musicians Session

7:00	Reveille
7:30	Breakfast & clean-up
8:30-9:30	Instrumental master classes (or All Camp Choir)
9:45-10:45	Elective class
11:00-12:00	Rehearsals
12:15	Lunch & rest period
1:30-2:30	Recreation
2:45-3:45	Rehearsals
3:45-4:45	Recreation
5:00-6:00	Rehearsals
6:00	Dinner and evening activity
9:30	Taps

### Middle School Sessions

7:00	Reveille
7:30	Breakfast & clean-up
8:30-9:25	Instrumental master classes (or All Camp Choir)
9:35-10:30	Elective class
10:45-12:15	Rehearsals
12:30	Lunch & rest period
1:45-3:15	Recreation
3:30-5:00	Rehearsals
5:00-6:00	Free time or elective class
6:00	Dinner and evening activity
9:30	Taps

### Junior High and High School Sessions

7:00	Reveille
7:30	Breakfast & clean-up
8:30-9:25	Instrumental master classes
9:35-10:30	Elective class
10:45-12:15	Rehearsals
12:30	Lunch & rest period
1:45-3:15	Recreation
3:30-5:00	Rehearsals
5:00-6:00	Free time or electives
6:00	Dinner and evening activity
9:30/10:00	Taps



# Camper Rules

(Read to campers on the first day of camp)

1. Your Counselors and CITs are in charge. Do what is asked of you by your Counselors and CITs unless you think it is bad for you or wrong. If you are asked to do something you feel is not right, talk to a Dean.
2. When you hear the fire horn IMMEDIATELY stop what you are doing and come to the designated assembly area. There will be a fire drill early in each session where appropriate procedures will be explained.
3. Swimming in the pool is only allowed when there is a Lifeguard present, at camp recreation times. Stay away from the creek unless you are with a Counselor or CIT during creek walks or recreation times.
4. Boys are not allowed in Girls Camp, and girls are not allowed in Boys Camp.
5. Never leave camp without permission. Stay within the camp boundaries at all times. This is for your safety and protection.
6. Be on time to all meals and activities.
7. Stay healthy: drink lots of water, wash your hands before meals, get plenty of sleep.
8. Do not hit anyone while at camp, in anger or in fun.
9. Do not litter.
10. Matches and lighters are not allowed in camp. Counselors will take away any of these items that they find.
11. Do not store food in the camper unit unless you have asked your counselor AND it is in a secure, airtight container so as not to attract animals and insects. Food may not be taken from the dining hall to your unit.
12. Never flush anything down the toilet other than toilet tissue.
13. Do not enter your Counselor's and CIT's tent or dorm room unless asked to do so.
14. Do not touch anyone else's personal belongings, especially instruments, without permission. This includes pianos and percussion instruments.
15. Wear closed-toe shoes at all times except for showering or pool time.
16. Campers will be sent home immediately for any of the following reasons:
  - Use or possession of any illegal or prohibited substances including alcohol, tobacco, or vaping paraphernalia;
  - Theft;
  - Vandalism;
  - Fighting;

## Packing for Camp

Pack in a large suitcase or top-zip type duffel bag; campers live out of this while at camp. **Camp beds with mattresses are provided** so no sleeping pad is needed. NOTE: review our [Dress Code](#) before choosing what to pack for camp. **Label everything**, things at camp have a way of wandering to unexpected places.

**Instrument:** Campers provide their own instruments (unless you play piano or percussion). Please make sure the instrument is in good working order. **A note to cellists and bassists:** please pack an **endpin protector**; our floor will thank you.

### COVID-specific personal items

- ☐ Disposable surgical masks: 10 per week for when campers are indoors.

### Camping gear

- ☐ **Sleeping bag & pillow**
- ☐ Blanket for added warmth (fleece blankets are great for this)
- ☐ Flashlight and extra batteries\*
- ☐ Reusable water bottle for collecting water at the water stations.

### Everyday clothing and shoes

- ☐ Casual clothes for everyday wear
- ☐ Sweater or sweatshirt, light jacket, a hat, and a light rain jacket
- ☐ Comfy closed-toe shoes for lots of walking around camp
- ☐ Non-skid water shoes or sandals for the pool and shower areas
- ☐ Swimsuit and beach towel

### Concert clothes

- ☐ Khaki colored pants, or khaki knee-length skirt or shorts
- ☐ Dark colored shoes
- ☐ Caz t-shirt (Cazadero provides each camper with a Caz t-shirt).

### Toiletries and personal items

- ☐ Shampoo, soap, toothbrush\*, toothpaste\*, sunscreen, insect repellent, bath towel, etc.
- ☐ Medications; these should be **in original packaging** with the label specifying dose.

*Our health staff will collect medications from campers at check-in at camp (not at the bus). The health officers will then be responsible for keeping all medications safely secured and for dispensing them as required.*

### Miscellaneous

- ☐ Personal sports equipment (balls, gloves, Frisbees, etc.)
- ☐ Camera (it's ok to use your phone for this)
- ☐ Spirit Days special items. You will receive an email about spirit days before camp.

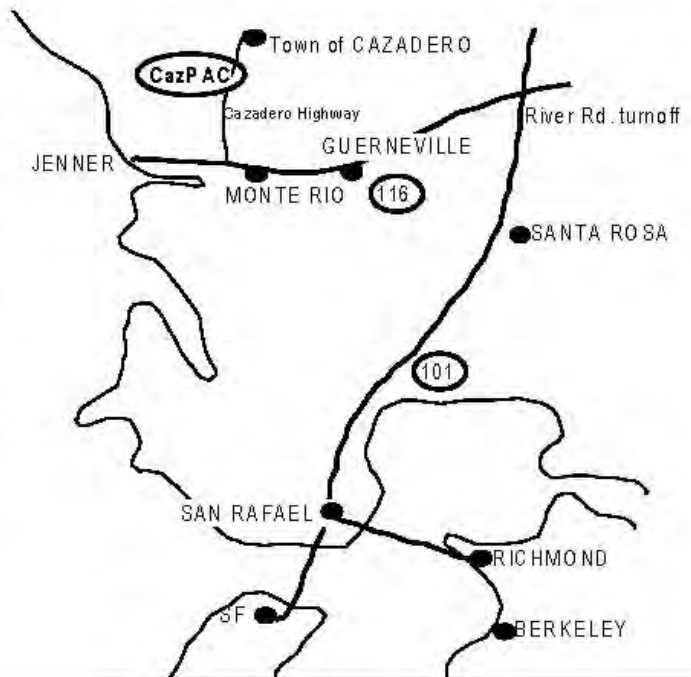
### What not to bring:

- Cell phones (there is no service, you can use your phone as a camera or music player)
- Snacks (Food is not allowed in the tents; it attracts unwanted attention from wildlife.)
- No knives are allowed at camp. This includes camping and pocket knives.

*\*These items are available for sale at the Caz Camp Store*

### DIRECTIONS TO CAMP

From northbound Highway 101 take the River Road exit just north of Santa Rosa,. Turn left at the bottom of the offramp onto River Road heading WEST. Drive approximately 20 miles on River Road. River Road merges with Hwy 116 in Guerneville. Continue on Hwy 116 to Monte Rio. From the stop sign in Monte Rio bear right and drive about 2.75 miles to the turn off for Cazadero Hwy. Turn right. Follow Cazadero Hwy 5.5 miles; the camp will be on your left. Park in the lot and walk across the suspension bridge.



### DIRECTIONS TO THE NORTHBRAE COMMUNITY CHURCH, THE BERKELEY OFFICE

The Berkeley office for Cazadero is in the Northbrae Community Church building at 941 The Alameda on the east side of the street between Solano and Los Angeles. There is parking behind the building.

- **Going east on 80:** Take the Buchanan Street/Albany exit. See below.
- **Going west on 80:** Take the Albany exit, turn left at the bottom of the exit. Follow this south underan overpass and there is a stop light. This is Buchanan Street going east, see below.
- **Going east on 580:** Take the Buchanan St exit, turn left at the bottom, this is Buchanan, see below.



Drive east on Buchanan (toward the hills) and cross San Pablo Ave. The street name changes to Marin. Continue up hill for about 1 mile to The Alameda, turn left. The Northbrae Church is 1 block down on your right, at the corner of The Alameda and Los Angeles.

### Berkeley Office Physical Address:

Cazadero Music Camp  
941 The Alameda  
Berkeley, CA 94707

### Cazadero Camp Physical Address:

Cazadero Music Camp  
5385 Cazadero Highway  
Cazadero, CA 95421

(Mailing details for the Berkeley office and camp can be found [on our website](#))