



JUMPSTART IN MUSIC

CAZADERO MUSIC CAMP WEEKEND RETREAT

Dear JumpStart Participant,

Welcome to JumpStart in Music! This is a basic information packet to give an overview of the JumpStart in Music Program.

Launched in 2003 to support music education in public schools - JumpStart in Music is a low-cost, high-impact version of our Summer Music Camp. JumpStart brings together public school students, and their music instructors, along with high school mentors and parent volunteers, for an action packed three-day immersion program at our camp during the school year.

Cazadero hosts 4 JumpStart weekends in a typical Spring. This year the Spring dates are:

Albany Middle School - April 28-30, 2023

Berkeley Unified School District - May 5-7, 2023

West Contra Costa School District - May 12-14, 2023

Hall Middle School - May 19-21, 2023

All participants must register, please use the online form: <https://www.tfaforms.com/5030978>. Details for your particular JumpStart weekend will be provided by your music teacher.

Goals of the *JumpStart in Music* retreat:

- Give students an experience that will build their confidence as musicians.
- Provide students the opportunity to get to know each other outside the classroom.
- Improve the musicianship of students in just three days, in a fashion similar to Cazadero's one and two-week summer music camps.

Students, Staff, Chaperones, and Mentors - the Breakdown

- Our facility can handle up to 110 students for each retreat.
- Parent Chaperones need to be provided at a minimum ratio of 1 chaperone per 10 students. Chaperones are drawn from the pool of students' parents/guardians.
- High School mentors are recruited from a nearby high school music program and will have a minimum ratio of 1 mentor per 10 students.
- While at camp, the children are divided into groups of 10-12 students with the same gender identity and assigned to bunks. Each group is then paired with at least one mentor and chaperone.
- Each camper, mentor, chaperone and teacher attending the retreat must complete an application form.
- Music teachers are responsible for the programming for the weekend. Caz staff provide food, logistical support, and facility maintenance.

Transportation

There will be buses to take students to camp. Music teachers will distribute that information. Each child should bring a bag lunch to eat at camp on the first day.

- There is no return bus: parents need to know that they are invited to attend the Sunday concert to hear their children perform and then take them home afterward.

Health and Safety

There will be a volunteer Health Officer (typically one of the parent chaperones) on site who will manage all medications for the weekend.

Cazadero is committed to keeping all campers and staff safe and healthy. We will follow all recommended health guidelines from the state, county, and school district. We ran a safe in-person summer music camp in both 2021 and 2022 without any COVID spread and aim to do the same for your retreat!

Contact Information During JumpStart Weekends

Emergency contact: the camp office, at **(707) 632-5159**, will be staffed during the day throughout the weekend and messages will be checked at regular hours thereafter. The Berkeley office is not open over the weekend, call the camp. The camp office phone is also available for outgoing calls in case of emergency.

Packing List

Pack everything in a suitcase or duffel bag and label everything with your first and last name.

- Bag lunch for Friday. All other meals will be provided.
- Sleeping bag, pillow & extra blanket.
- Flashlight, with extra batteries.
- Casual clothes for everyday wear.
- Towel and toilet articles.
- Rubber sandals or other non-skid shoes for the shower.
- Well-built shoes for lots of walking around camp.
- Personal medication in original packaging.
- Insect repellent.
- Personal sports equipment.
- Musical instrument labeled.
- Be sure to bring replacement reeds, strings, etc. in case of emergency.
- Warm clothing for early morning and evening wear.
- Face masks are strongly encouraged indoors.



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FRIENDS – MUSIC – CAZ!

JumpStart Camper Rules

1. No running or jumping on the bridge. Only 6 people on the bridge at one time.
2. Your Chaperones and Mentors are in charge. Do what is asked of you by your Chaperones and Mentors, unless you think it is bad for you or wrong. If you are asked to do something you feel is not right, talk to your teacher or Caz Staff.
3. When you hear the fire horn, IMMEDIATELY stop what you are doing and come to the designated assembly area: Main side of camp goes to blacktop, Highway side of camp goes to parking lot.
4. The pool is closed. Stay out of the locked pool area. Stay away from the creek unless you are with a Chaperone during creek walks or recreation times. (Decide whether or not it's safe for kids to get in the water)
5. Boys are not allowed in Girls Camp, and girls are not allowed in Boys Camp.
6. Never leave camp without permission. Stay within the camp boundaries at all times. This is for your safety and protection.
7. Be on time to all meals and activities. Listen for the bell!
8. Stay healthy: drink lots of water, wash your hands before meals, get plenty of sleep.
9. Do not hit anyone while at camp, in anger or in fun.
10. Do not litter.
11. Matches, lighters, and pocket knives are not allowed in camp. Chaperones and Mentors will take away any of these items that they find.
12. Do not store food in the camper unit unless you have asked your chaperone AND it is in a secure, airtight container so as not to attract animals and insects. Food may not be taken from the dining hall to your unit. Coffee station is for adults and mentors only.
13. Keep your showers short! Help us save water! Never flush anything down the toilet other than toilet tissue.
14. Do not enter your Chaperone and Mentor's tent or dorm room unless asked to do so.
15. Do not touch anyone else's personal belongings, especially instruments, without permission. This includes pianos and percussion instruments.
16. Wear closed-toe shoes at all times except for showering.
17. Benches are for sitting, not climbing.
18. You will be sent home immediately for any of the following reasons:
 - Use or possession of any illegal substances: this includes alcohol or tobacco related products;
 - Theft;
 - Vandalism;
 - Fighting.



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Sample Schedule

Friday

8:15-45 AM	Gather, check-in, and board buses
9:00 AM	Buses leave for camp
11:00 AM	Arrive at Caz! Get bunk assignments-unload
12:00 PM	Meet at Amphitheater for Orientations and Introductions
12:30 PM	Lunch
1:00 PM	Rehearsals - Band and Orchestra/pass out new music to be performed
2:30 PM	Break
3:00 PM	Team Building Activity
5:00 PM	Rest/Recreation
6:00 PM	Dinner
7:00 PM	Band/Orchestra rehearsals: small groups or large ensemble for first reading
8:00 PM	Campfire/games and activity
9:30 PM	Lights Out

Saturday

7:30 AM	Reveille
8:00 AM	Breakfast
9:30 AM	Full rehearsal/or small group rehearsals
10:30 AM	Break
11:00 AM	Team Activity
12:00 PM	Lunch
1:00 PM	Rehearsals
2:30 PM	Guest speaker/TBA
5:30 PM	Break
6:00 PM	Dinner
7:00 PM	Dress rehearsal
7:30 PM	Faculty/Mentor/Chaperone Concert
8:30 PM	Evening Activity
9:30 PM	Lights out

Sunday

7:30 AM	Reveille
8:00 AM	Breakfast
9:00 AM	Show rehearsal
10:30 AM	Camp clean-up, evaluations, t-shirts
11:30 AM	Pack up and free time
12:00 PM	Lunch
1:00 PM	Concert

DIRECTIONS TO CAZADERO MUSIC CAMP

We recommend that you use caution when relying on GPS or internet mapping programs as they may take you on a circuitous route through Sonoma County.

The easiest route to follow is:

From Highway 101 just north of Santa Rosa take the River Road/Guerneville exit and head WEST. Proceed through Guerneville, and continue West on Highway 116 to the town of Monte Rio. Bear right at the stop sign and continue another 2.5 miles and turn right onto Cazadero Highway. Follow Cazadero Highway for 5.5 miles. The camp is on the left side of the road, across the street from the Elim Grove Bakery and 1/2 mile **BEFORE** the town of Cazadero. Park in the lot and walk across the suspension bridge.

The camp address is:
5385 Cazadero Highway
Cazadero, CA 95421

