



JUMPSTART IN MUSIC

CAZADERO MUSIC CAMP WEEKEND RETREAT

Dear JumpStart Participant,

Welcome to JumpStart in Music! This is a basic information packet to give an overview of the JumpStart in Music Program.

Launched in 2003 to support music education in public schools - JumpStart in Music is a low-cost, high-impact version of our Summer Music Camp. JumpStart brings together public school students, and their music instructors, along with high school mentors and parent volunteers, for an action packed three-day immersion program at our camp during the school year.

Cazadero hosts seven JumpStart weekends in a typical year. Check our event calendar (<https://www.cazadero.org/event-calendar/>) for details.

All participants must register, please use the online form. <https://www.tfaforms.com/5030978>. Details for your particular JumpStart weekend will be provided by your music teacher.

Goals of the *JumpStart in Music* retreat:

- Give students an experience that will build their confidence as musicians.
- Provide students the opportunity to get to know each other outside the classroom.
- Improve the musicianship of students in just three days, in a fashion similar to Cazadero's one and two-week summer music camps.

Students, Staff, Chaperones, and Mentors - the Breakdown

- Our facility can handle up to 130 participants for each retreat.
- Parent Chaperones need to be provided at a minimum ratio of 1 chaperone per 10 students. Chaperones are drawn from the pool of students' parents/guardians.
- High School mentors are recruited from a nearby high school music program and will have a minimum ratio of 1 mentor per 10 students.
- While at camp, the children are divided into groups of 10-12 students with the same gender identity and assigned to bunks. Each group is then paired with at least one mentor and chaperone.
- Each camper, mentor, chaperone and teacher attending the retreat must complete an application form.
- Music teachers are responsible for the programming for the weekend. Caz staff provide food, logistical support, and facility maintenance.

Transportation

There will be buses or carpools to take students to camp. Your music teacher will let you know the details.

- There is usually no return bus: parents need to know that they are invited to attend the Sunday concert to hear their children perform and then take them home afterward.

Health and Safety

There will be a volunteer Health Officer (typically one of the parent chaperones) on site who will manage all medications for the weekend.

Cazadero is committed to keeping all campers and staff safe and healthy. We will follow all recommended health guidelines from the state, county, and school district.

Contact Information During JumpStart Weekends

Emergency contact: the camp office, at **(707) 632-5159**, will be staffed during the day throughout the weekend and messages will be checked at regular hours thereafter. The Berkeley office is not open over the weekend, call the camp. The camp office phone is also available for outgoing calls in case of emergency.

CAMP ACCOMMODATIONS

Camp accommodations are rustic. **Campers sleep outside under the stars.** Campers sleep on wooden tent platforms above the forest floor. Each camper has a camp bed with a mattress. Adjacent tents are used for storage and for privacy. Bathrooms and showers are in buildings nearby. Pack for your camper in a suitcase or duffel bag and label all clothes and belongings with first and last name.

- Bag lunch for Friday. All other meals will be provided.

Cazadero Music Camp

Jump Start Packing List

Clothes

- **5 Tops**
 - Undergarments need to be covered
 - The body's mid-section must be covered
- **5 Bottoms**
 - Pants, Shorts, Skirts, Dresses
- **1-2 Closed-Toe shoe(s)**
 - open-toe shoes for the shower only
 - Croc clogs are okay
- **3 pairs of socks**
- Undergarments
- **1-2 Pajamas**
- **1-2** Sweat pant(s) for cold nights/mornings
 - *Cazadero lows ~45-50 degrees at night*
- **1-2** Sweatshirt
- **1** Rain Jacket or Poncho
 - *Camp is located in the Redwoods Rainforest*

Personal Items

- Reusable Water Bottle
- Medications (Original Packaging)
- Personal Sports Equipment (make sure to label)

NO Matches or Lighters
NO Pocket or Camping Knives



Music

- Instrument
- Instrument Related Items
 - Reed Players - Extra Reeds
 - Percussionists - Mallets & Sticks
 - Brass Players - Mutes (cup & straight)
 - Cellos & Basses - Endpin Floor Guards

Bed & Bathroom

- Sleeping Bag
- Pillow
- Pillow Case
- Extra Blanket(s) for cold nights
- Fitted twin sheet for cot mattress (optional)
- Toiletry Items
 - Shampoo/Conditioner
 - Body Wash or Bar Soap
 - Shower Shoes (Flip Flops)
 - Toothbrush & Toothpaste
 - Face Wash
 - Lotion
 - Wash Cloth(s)
 - Bath or Beach Towel(s)
 - Hair Care Items
 - Skin Care Items
- Flashlight or Lantern (battery operated)

Cazadero Music Camp
is not responsible for any lost or
damaged electronic devices.
Strongly encouraged to leave such
devices at home.



JUMPSTART IN MUSIC

FRIENDS – MUSIC – CAZ!

JumpStart Camper Rules

1. No running or jumping on the bridge. Only 6 people on the bridge at one time.
2. Your Chaperones and Mentors are in charge. Do what is asked of you by your Chaperones and Mentors, unless you think it is bad for you or wrong. If you are asked to do something you feel is not right, talk to your teacher or Caz Staff.
3. When you hear the fire horn, IMMEDIATELY stop what you are doing and come to the designated assembly area: Main side of camp goes to blacktop, Highway side of camp goes to parking lot.
4. The pool is closed. Stay out of the locked pool area. Stay away from the creek unless you are with a Chaperone during creek walks or recreation times. (Decide whether or not it's safe for kids to get in the water)
5. Boys are not allowed in Girls Camp, and girls are not allowed in Boys Camp.
6. Never leave camp without permission. Stay within the camp boundaries at all times. This is for your safety and protection.
7. Be on time to all meals and activities. Listen for the bell!
8. Stay healthy: drink lots of water, wash your hands before meals, get plenty of sleep.
9. Do not hit anyone while at camp, in anger or in fun.
10. Do not litter.
11. Matches, lighters, and pocket knives are not allowed in camp. Chaperones and Mentors will take away any of these items that they find.
12. Do not store food in the camper unit unless you have asked your chaperone AND it is in a secure, airtight container so as not to attract animals and insects. Food may not be taken from the dining hall to your unit. Coffee station is for adults and mentors only.
13. Keep your showers short! Help us save water! Never flush anything down the toilet other than toilet tissue.
14. Do not enter your Chaperone and Mentor's tent or dorm room unless asked to do so.
15. Do not touch anyone else's personal belongings, especially instruments, without permission. This includes pianos and percussion instruments.
16. Wear closed-toe shoes at all times except for showering.
17. Benches are for sitting, not climbing.
18. You will be sent home immediately for any of the following reasons:
 - Use or possession of any illegal substances: this includes alcohol or tobacco related products;
 - Theft;
 - Vandalism;
 - Fighting.



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FRIENDS - MUSIC - CAZ!

Sample Schedule

Friday

8:15-45 AM	Gather, check-in, and board buses
9:00 AM	Buses leave for camp
11:00 AM	Arrive at Caz! Get bunk assignments-unload
12:00 PM	Lunch
1:00 PM	Rehearsals - Band and Orchestra/pass out new music to be performed
2:30 PM	Break
3:30 PM	Team Building Activity or rehearsals
5:00 PM	Break
6:00 PM	Dinner
7:15 PM	Evening activity
9:30 PM	Taps/Lights Out

Saturday

7:30 AM	Reveille
8:00 AM	Breakfast
9:30 AM	Full rehearsal/or small group rehearsals
10:30 AM	Break
11:00 AM	Team Activity
12:30 PM	Lunch
2:00 PM	Rehearsal
3:00 PM	Recreation
4:30 PM	Rehearsal
5:30 PM	Break
6:00 PM	Dinner
7:30 PM	Evening Activity
9:30 PM	Taps/Lights out

Sunday

7:30 AM	Reveille
8:00 AM	Breakfast
9:15 AM	Dress rehearsal
10:45 AM	Camp clean-up, evaluations, t-shirts, Pack up and free time
12:00 PM	Lunch
1:00 PM	Concert

DIRECTIONS TO CAZADERO MUSIC CAMP

We recommend that you use caution when relying on GPS or internet mapping programs as they may take you on a circuitous route through Sonoma County.

The easiest route to follow is:

From Highway 101 just north of Santa Rosa take the River Road/Guerneville exit and head WEST. Proceed through Guerneville, and continue West on Highway 116 to the town of Monte Rio. Bear right at the stop sign and continue another 2.5 miles and turn right onto Cazadero Highway. Follow Cazadero Highway for 5.5 miles. The camp is on the left side of the road, across the street from the Elim Grove Bakery and 1/2 mile **BEFORE** the town of Cazadero. Park in the lot and walk across the suspension bridge.

The camp address is:

5385 Cazadero Highway
Cazadero, CA 95421

